



RAISE YOUR VIBRATION

TRANSFORMATIONAL MEDITATIONS

"I" – OPENERS

*Experience yourself
in a different 'light'*

Tara Alain
604 898 4020
www.divinematrix.ca

Dates:

Thursdays 7:30 - 8:30 pm
1st set: Sept 16 - Oct. 14
2nd set: Oct 28 - Dec 02
(no meeting Nov 11)

Rate: \$12 each for group
healing session. Book
five (one set) and receive
one free - \$48 (reserves
your spot for all 5)

Maximum 12 people
so please RSVP
604 898 4020.

Please bring something
comfortable to sit on.

Location:

Dr. Lori Broker's office:
37971 3rd Avenue,
Squamish, BC

Tara is bringing to you the same high vibrational frequencies that she brings into her private sessions as a healer. This allows you the opportunity to connect, attune and integrate these into your own field of consciousness so that you can begin to raise your own vibration. As your vibrational level increases, the older, denser energies naturally and organically move out of your experience, allowing you to begin to experience yourself and your world in a different 'light'.

These meditation-styled gatherings are open to everyone regardless if you are a seasoned meditator or just new. There is nothing you need to know or do, just simply show up and as you open up, you naturally attune to the frequencies that start transforming the discordant energetic patterns within your energy fields so that you can begin to raise your vibration and start expanding your consciousness.

Since we are all at different places along our journey, each individual will experience what is unique and beneficial to them but things to look forward to **by raising your vibration**

- greater awareness/expanding consciousness
- clearing negative thought patterns
- transforming emotional issues
- overall positive change in your life
- more of an observer/being present to your life
- less reactive = less drama
- better health
- strengthening intuition
- increased synchronicity
- greater sense of trust and flow
- activation of new pathways and DNA

About Tara After a spiritual awakening in 2005 that opened Tara up to her ability to work with energy, Tara has been dedicating herself to meditation, studying and working with different healing modalities, traveling to sacred sights and sharing the energies and ceremony with incredible teachers, healers and shamans around the world.

For more information on Tara and her work or if you are interested in a **private session**, or to participate in her new 'Raise Your Vibration' program please visit www.divinematrix.ca

