



# - The Yoga Studio -



37776 2nd Avenue on the Second Floor.

The Yoga Studio will be CLOSED on Dec 24th, 25th, 26th and New Years Eve and New Years Day. Below is the slightly reduced schedule for the generally busy holiday time of year.

Holiday Schedule Dec 21st - Dec 31st 2009		
Tuesday, Dec 22nd	Noon till 1p.m. 5:30 till 6:45	EXPLORE YIN
Wednesday, Dec 23rd	Noon till 1 p.m. 5:30 till 6:45	EXPLORE INTRO
Dec 24th Christmas Eve	CLOSED	CLOSED
Dec 25th Christmas Day	CLOSED	CLOSED
Dec 26th Boxing Day	CLOSED	CLOSED
Sunday Dec 27th	5:30 till 6:45 7 till 8 p.m.	EXPLORE YIN
Monday Dec 28th	5:30 till 6:45 p.m.	EXPLORE
Tuesday, Dec 29th	Noon till 1p.m. 5:30 till 6:45	CORE YIN
Wednesday, Dec 30th	Noon till 1p.m. 5:30 till 6:45	EXPLORE ASHTANGA
Dec 31st New Years Eve	10 till 11:30 a.m. (special New Years class!!)	**FREE CLASS** **to live drumming**
Jan 1st New Years Day	CLOSED	CLOSED

